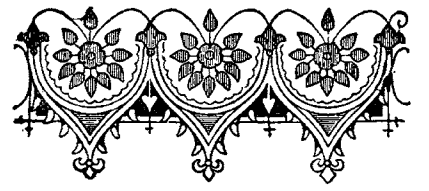


# Health & Wellness



## Become a "Medical Hero." Volunteer to Participate in a Clinical Trial.



Scott Eder, MD

Without "Medical Heroes" people with challenging diseases and illnesses would not be able to find cures or new treatments. By becoming a "Medical Hero" you could help yourself, a family member, a friend, or others in the community live longer healthier lives.

### What is a clinical trial?

Clinical trials are research studies in which volunteers receive investigational treatments under the supervision of a physician. These studies are designed to determine the benefits and safety of investigational medications or devices.

### Why are clinical trials conducted?

The U.S. Food & Drug Administration (FDA) requires all potential new medications as well as those currently unavailable for use in this country to be tested using very strict criteria prior to approval for general use in the United States. Without these clinical studies, you would not know which medicines are safe and effective.

### Who conducts clinical trials?

The federal government, academic medical centers, pharmaceutical and biotechnical companies select a limited number of qualified physicians known as investigators to perform clinical studies. These physicians have expertise in the medical condition being studied and training in the FDA regulations for conducting clinical studies. A team of study coordinators, nurses, pharmacists and other healthcare professionals assist them in the studies.

### Who can be in a clinical trial?

People with the condition being studied as well as healthy volunteers can participate in clinical trials. Each study has specific qualification requirements such as age, sex and medical condition. A physician investigator reviews each volunteer's

medical history to determine who can participate.

### Why do people volunteer for clinical trials?

Every year, millions of volunteers participate in clinical studies. They participate for reasons such as:

- Access to research treatments before they are widely available.
- They want the additional medical care – physical exams, diagnostic tests, lab tests and physician advice – that is provided to participants free of charge. **Medial insurance is not needed to participate.**
- They may learn more about their medical condition.
- They may discover undiagnosed health problems.
- They may help in discovering new medicines for themselves, family members, and their community.

### What can volunteers expect if they choose to participate?

Participants will receive study related investigational treatments, medical exams, laboratory and radiological testing free of charge. Financial compensation for time and travel is usually provided.

### How do I obtain the information I need to make a decision?

Before participating in any clinical study, you must give your "informed consent." Federal regulations require that all potential volunteers receive comprehensive information about a study prior to enrollment. This information includes the goal of the trial, the potential risks and benefits of participation, explanations of all study related procedures, and the statement that all volunteers may, at any time, withdraw from the trial at their own discretion. You can ask as many questions as you like and you may talk to your friends, relatives and health care provider before making a decision.

### Who looks out for my interests?

In addition to the physician, the study sponsor, and the FDA, U.S. law requires that an ethics committee (called an Institutional Review Board (IRB)) looks out for your interests. The IRB consists of a group of independent healthcare professionals and community members chartered to protect the safety and rights of study volunteers. IRBs must approve clinical studies before they begin. They also monitor studies throughout the course of the trial, and can halt them if, in their

judgment, a study does not protect the safety and rights of participants.

### How can I become a "Medical Hero"?

Women's Health Research Center, a division of The Center for Women's Health & Wellness, LLC is a dedicated investigational site devoted to promoting advances in women's health. Our "Medical Heroes" receive the latest in medical health advances as well as thorough care from board certified physicians

Women's Health Research Center has a research staff of trained and experienced medical professionals who have been conducting clinical trials since 1998 under the guidelines set forth by the FDA. Scott E. Eder, MD, FACOG, FACS is the director of the Center and has been certified as a Certified Physician Investigator by the Association of Clinical Research Professionals. He has conducted over 75 studies in all aspects of women's health including contraception, abnormal menstrual bleeding, uterine fibroids, cervical cancer screening, menopause, osteoporosis, female infections, pregnancy detection, and sexual dysfunction. Our primary research site is in Plainsboro, New Jersey. Certain studies are also conducted in Lawrenceville, New Jersey.

A partial list of current trials is listed on this page. If there is one that meets your needs or you would like to know more about other opportunities you can contact a member of our research staff. Our staff will assess your eligibility for the trial and if eligible they will schedule your first appointment or inform you of other trial opportunities.

### TRIALS CURRENTLY ENROLLING

#### Birth Control Pill Study

Healthy women, 18 years of age or older, with regular menstrual cycles, sexually active and at risk for pregnancy. Must be willing to take daily pills. May be cigarette smoker over age 35. Investigational birth control pills, study related examinations, laboratory testing, and financial compensation for time and travel included.

#### Birth Control Skin Patch Study

Healthy, sexually active women at risk for pregnancy, 18 years of age or older, with regular menstrual cycle, are needed. Investigational birth control skin patch, study related examinations, laboratory testing, and financial compensation for time and travel included.

#### Anemia Study

Men and women 18 years of age or older, who are anemic and have tried oral iron therapy without success, are needed to evaluate an investigational intravenous iron medication. Duration of study is 5-7 weeks, and includes investigational medication, physical examinations, laboratory tests, and financial compensation for time and travel offered.

#### Menopausal Vaginal Dryness/ Painful Sexual Activity Study

Menopausal women, 40 -75 years of age, who have symptoms of vaginal dryness, vaginal itching, painful urination, vaginal pain with sexual activity or vaginal bleeding with sexual activity, are needed to evaluate an investigational vaginal medication. To qualify you must have discomfort with sexual activity. Participants will receive investigational medication, study-related physical examinations, Pap smears, mammograms and laboratory testing. Financial compensation for time and travel available.

The Center for Women's Health and Wellness  
609-799-5010, or visit  
[www.womensclinicalstudies.com](http://www.womensclinicalstudies.com)



### Endometriosis Study

Women 18 years of age or older, with moderate to severe pain who have been diagnosed with endometriosis are needed for a 12 week study of an investigational medication. Must have regular periods. Study-related medication, physical examinations, laboratory testing, and financial compensation for time and travel are included.

For further information:



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